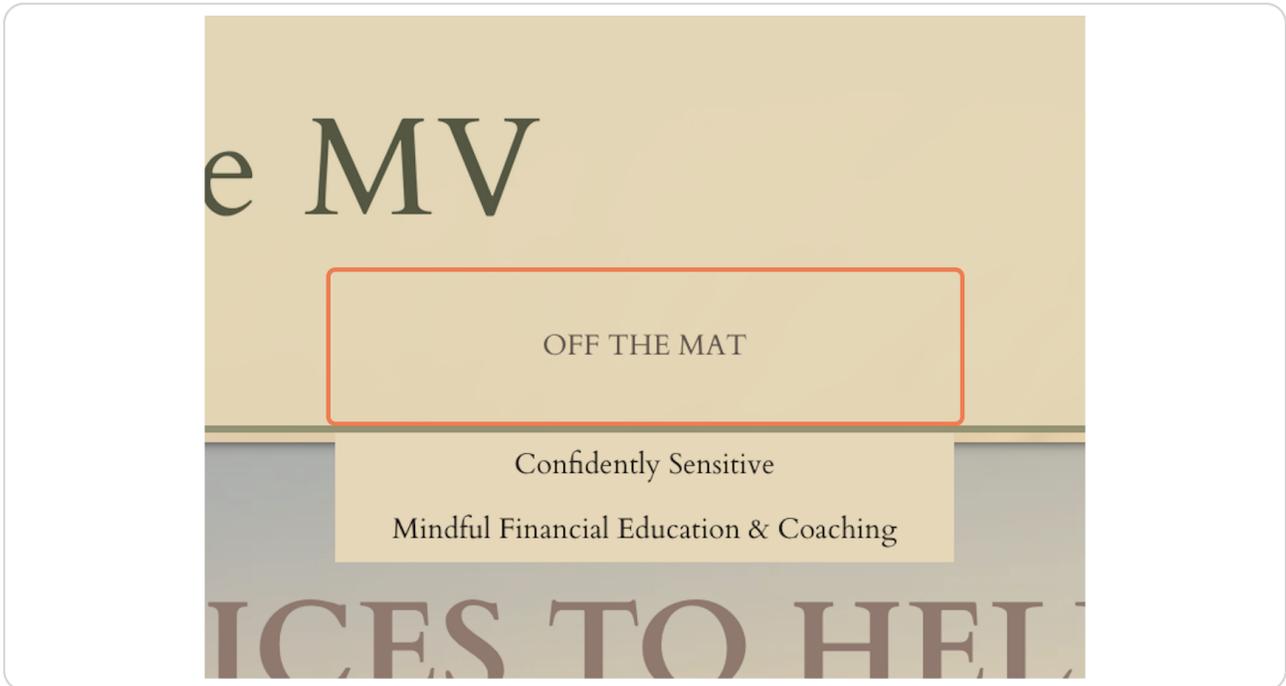




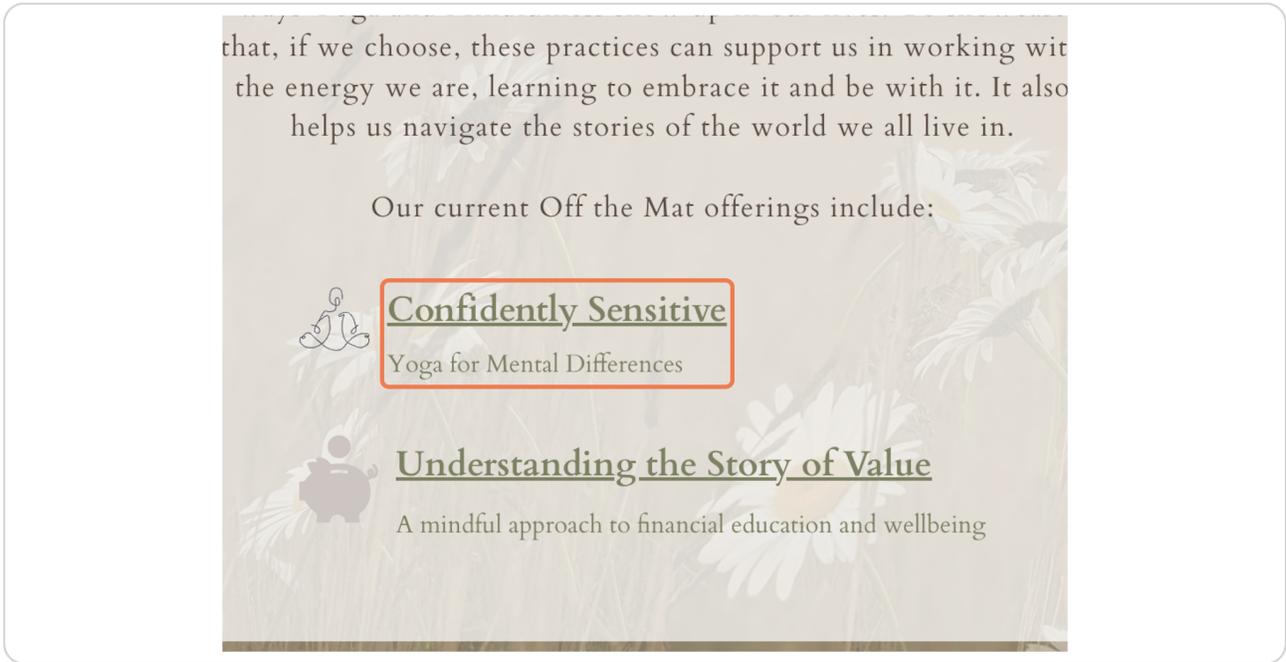
STEP 1

Click on OFF THE MAT



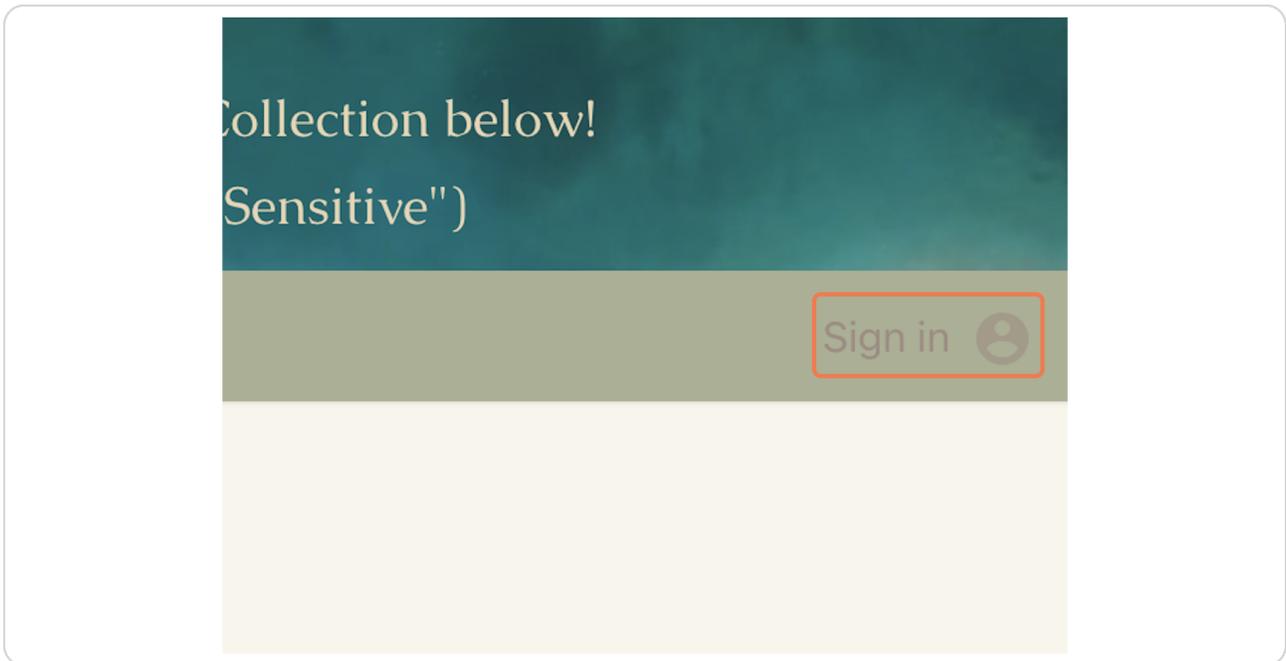
**STEP 2**

**Click on Confidently Sensitive...**



**STEP 3**

**Click on Sign in**



## STEP 4

Click on Sign up here!



Add an email and password that you'll remember so you can log in anytime to take on-demand classes or register for in-person experiences. You can always reset your password if you lose it.

## # Navigating the Confidently Sensitive Collection

0 Steps

Below are steps to watch and play videos when you have an account after signing in.



Go to [www.wholesomemv.com](http://www.wholesomemv.com)

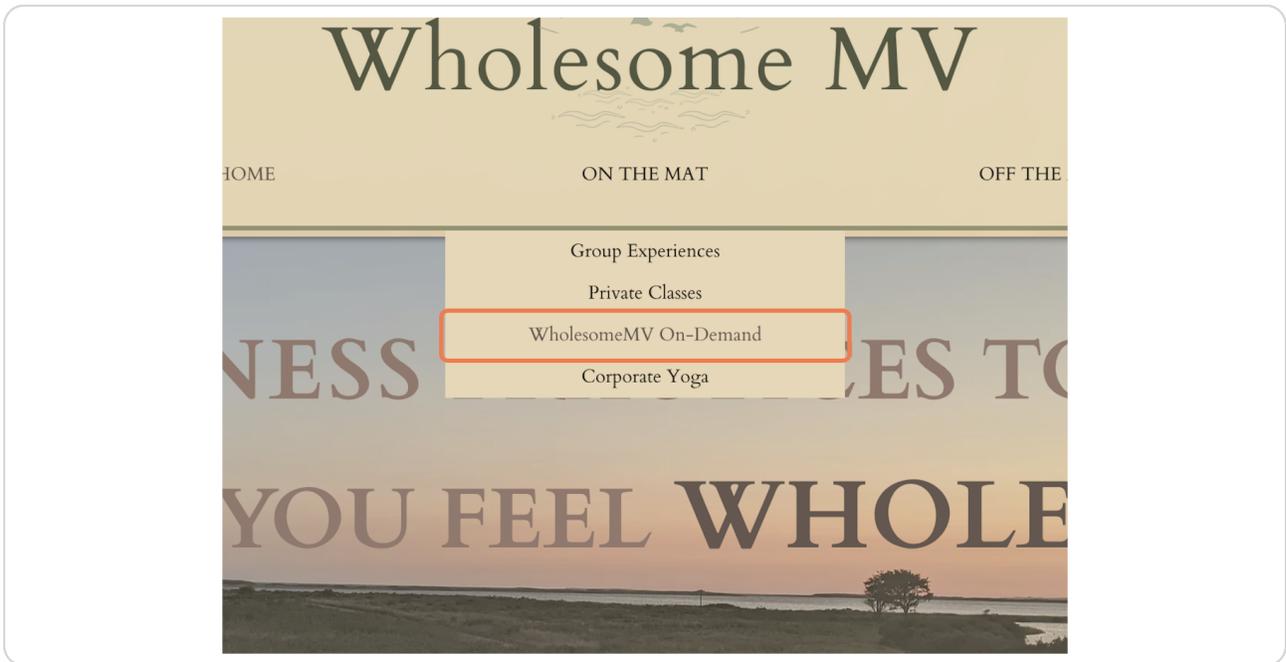


**Wholesome Studio**

5 Steps 

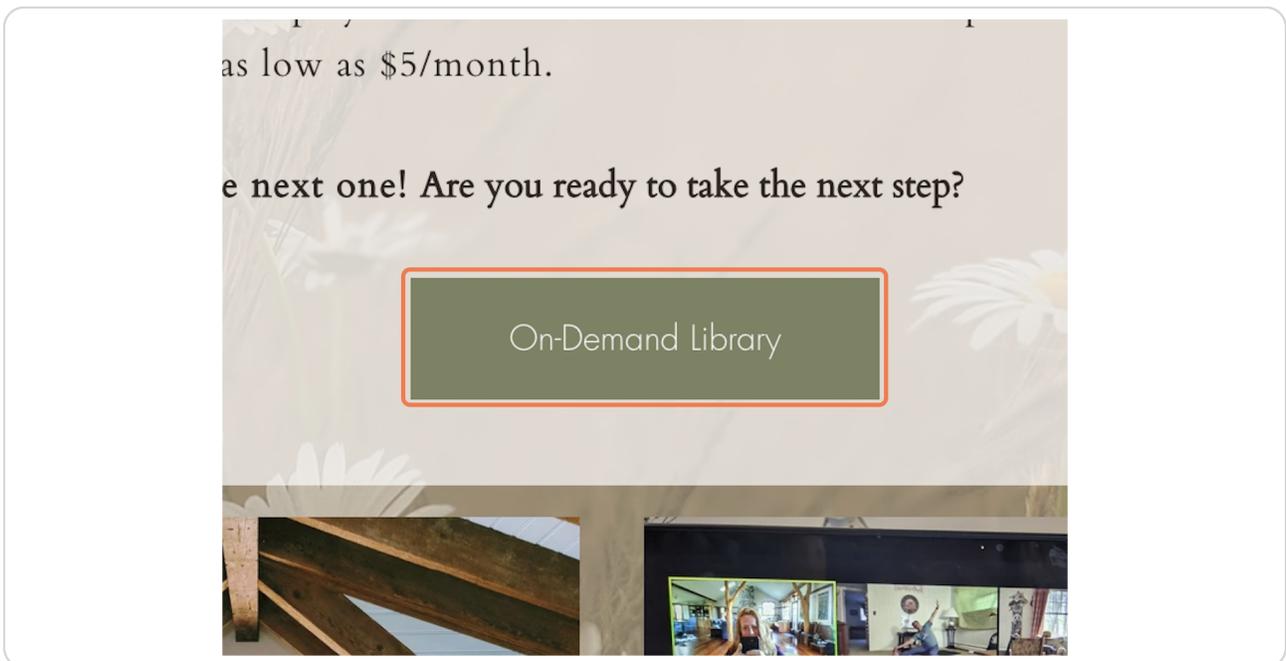
STEP 5

Click on WholesomeMV On-Demand



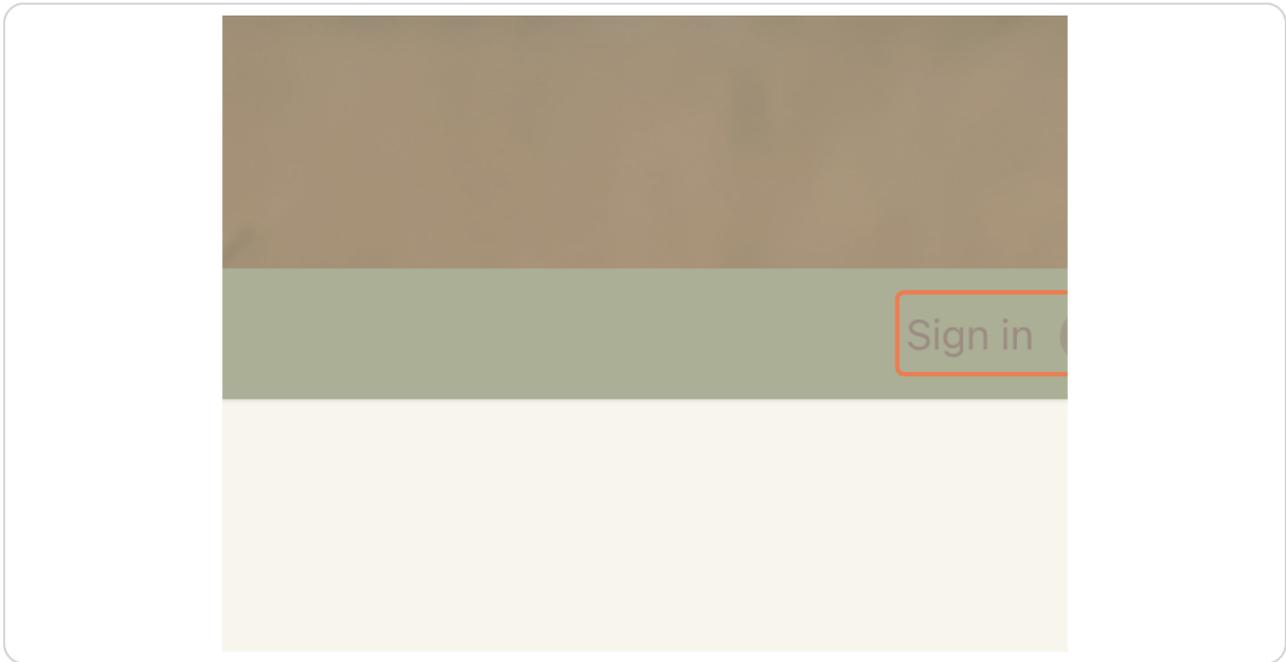
STEP 6

Click on On-Demand Library



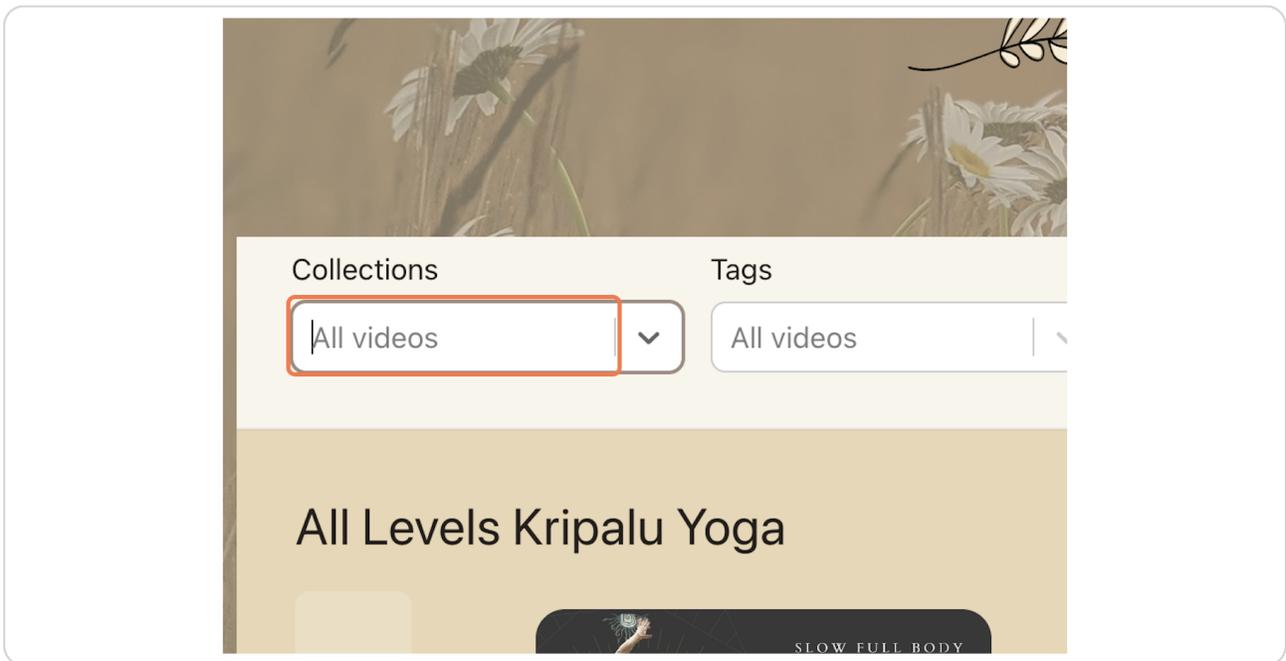
**STEP 7**

**Click on Sign in**



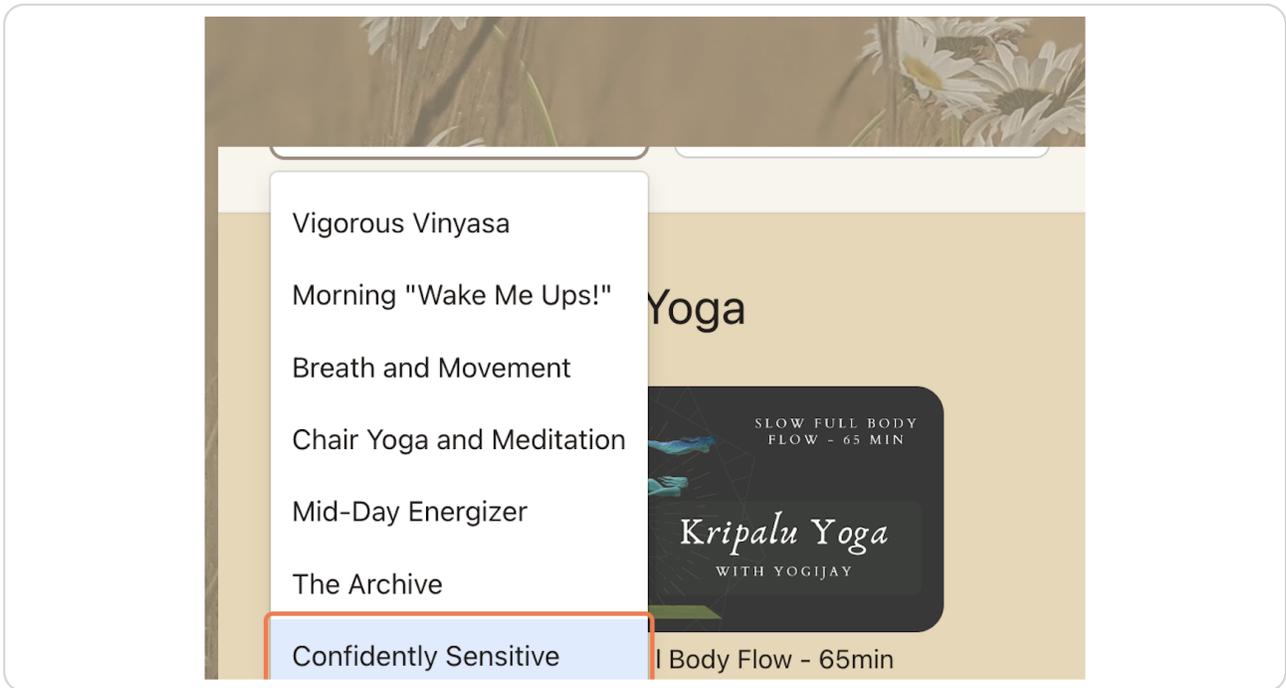
**STEP 8**

**Click on All videos**



STEP 9

Scroll down to filter to **Confidently Sensitive**



**Wholesome Studio**

1 Step [↗](#)

STEP 10

Choose the video you want to watch. I would recommend the introduction for new joiners. Enjoy!

